

FLARE pregnancy

OH BABY!

SPRING'S COOL SEXY LOOK— IT FITS PERFECTLY! GREAT SHIRTS EASY SANDALS & HOW TO GET CATE BLANCHETT'S WEEKEND STYLE

HEAD-TO-TOE BEAUTY
SKIN-CARE TIPS
HAIR DOS AND DON'TS
PAMPER-ME PREGNANCY HOW-TOS
PLUS!
THE SUN AND YOUR SKIN
FITNESS & DIET
YOUR WHAT-TO-DO-WHEN GUIDE

29 Treat yourself to a massage. Either hand your partner a bottle of Neal's Yard Remedies Mother's Massage Oil, 100 mL, approximately \$46, or ErbaViva Back Rub Oil, 130 mL, approximately \$24, or head for the nearest Aveda Concept Salon for the ultimate in pampering: a Hydrotherm massage that is performed as you lie on warm, water-filled cushions. Ahhh....



\$3.00 www.flare.com



YES! 5 WAYS TO REV UP YOUR SEX-LIFE